

**Prevention and Promotion Programmes
Management Centre****Svit Department****Phone: 01 620 45 21****Svit Laboratory,****Tehnološki park 24, 1000 Ljubljana****Work permit by the
Ministry of Health, No.:****LABORATORY RESULTS****FINAL RESULTS****Patient:****Date of birth:****Date and time of stool samples acceptance:****Date and time of completed stool samples analysis:****Date and time of results:****Ordered by:** National Screening and Early Detection Programme for Colorectal Cancer.**Stool examination:**

Examination	Result	Limit value for screening test (Cut off)	Unit
F-Hb spec. – sample I		100.00	ng/mL
F-Hb spec. – sample II		100.00	ng/mL

Results analysed by:**Opinion:**The faecal occult blood test results are **positive**.

Head of laboratory:

Spomenka Lajtner, BSc (Chem. Eng.), specialist in medical biochemistry

OPINION

Your stool samples have been analysed in our laboratory. We are informing you that the faecal occult blood test results are **positive**.

A positive result means that the analysis showed blood in your stool samples. **This doesn't necessarily mean you have colorectal cancer. The majority of people with a positive result don't have cancer.** The result merely means that there may be certain changes going on in your colon, which have caused the bleeding and therefore need to be examined in detail. To determine the cause, we must examine your large intestine. The most suitable test for this is a colonoscopy. You can find more information about the colonoscopy in the enclosed materials. A colonoscopy is a short procedure which is usually done in outpatient clinics, exceptionally a one-day hospitalisation is required.

In approximately one third of cases, the colonoscopy shows that there is nothing wrong in the large intestine and that the bleeding was only incidental. In more than a half of cases, we find formations on the mucous membrane, i.e. polyps, which are precancerous changes. **The doctor usually removes any small precancerous changes during the colonoscopy and thus prevents the cancer to develop. In a small share of people, the colonoscopy shows other abnormalities or colorectal cancer which require further tests and treatment. We highly recommend you to undergo a colonoscopy and thus enable the detection of any precancerous changes or even cancer early enough when the treatment can still be successful.**

Your general practitioner has been informed about the results. **Please make an appointment with your doctor no later than within one week and take the results and all the enclosed documents with you.** Your doctor will examine you and find out if there are any medical issues preventing a detailed examination of your large intestine, i.e. colonoscopy. You will discuss the examination method that is most suitable for you. **If your health condition is good enough, your doctor will give you a referral for a colonoscopy and a prescription for Moviprep (laxative). Together, you will also fill in the enclosed questionnaire, which you will hand to the colonoscopy specialist, and will give you all the necessary instructions.** Don't forget to take to the colonoscopy all the results given to you by your doctor, and the results of any previous colonoscopies, if you have already undergone any, are especially important. If your doctor assesses that a colonoscopy is currently not suitable for you due to your health condition, you will discuss and decide what steps to take; your doctor may consult a gastroenterologist.

Please call us immediately after your doctor's appointment – you can ask the nurse to call us on 01/620-45-22, or you can call us on the same number from Monday to Friday between 9:00 AM and 2:00 PM. We will arrange the time and place for the colonoscopy that fits in with your schedule. You can undergo the colonoscopy in one of the authorised centres in Slovenia. Call us even if your doctor determines that your health condition is currently not suitable to undergo a colonoscopy. You can also e-mail us at svit@nijz.si or send us a fax to 01/620-45-29. We will send you a notice by post with the exact date and time of the colonoscopy and the address of the clinic where you will undergo the examination.

Please call us as soon as possible, so that we can make all the arrangements for the examination, which will explain why there is blood in your stool.

We care about your health.
Kind regards,

The Svit Programme Team